

EXECUTIVE SUMMARY
Missouri Mental Health Commission Meeting
Department of Mental Health
1706 East Elm Street—Conference Rooms A/B
Jefferson City, MO 65101

April 9, 2009

PRESENT

Beth Viviano
Patricia Bolster, M.D.
Kathy Carter
David Vlach, M.D.
Dennis Tesreau

STAFF

Keith Schafer, Department Director
Lynn Carter, Deputy Director
Mark Stringer, ADA Director
Bernie Simons, DD Director
Dr. Joe Parks, CPS Director
Felix Vincenz, CEO, CPS
Monica Hoy, Director's Office
Bob Bax, Director's Office
Brent McGinty, Administration
Jan Heckemeyer, DMH Administration
Pam Leyhe, Director's Office
Audrey Hancock, Director's Office
Cathy Welch, Director's Office
Benton Goon, MIMH
John Heskett, Office of Child MH
Rikki Wright, General Counsel
Virginia Rowe-Pearson, ITSD Director

GUESTS

Debra Walker, Director's Office
Tec Chapman, Division of DD
Dottie Mullikin, Office of Transformation
Rhonda Haake, ITSD
Vickie Epple, Office of Transformation
Bianca Arrington-Madison, Division of ADA
Jodi Haupt, Division of ADA
Pat Veltrop, Division of ADA
Debbie McBaine, Division of ADA
Nora Bock, Division of ADA
Steve Deets, Division of ADA
Christie Lundy, Division of ADA
Joellyn Becker, Division of ADA
Virginia Selleck, Division of CPS
Tish Thomas, Divisions of CPS/DD
Angie Stuckenschneider, Division of ADA
Laurie Epple, Division of ADA
Patty Pratt, Investigations Unit Director
Liz Hagar-Mace, Housing
Jeff Grosvenor, Division of DD
Laine Young-Walker, Division of CPS
Rita McElhany, Division of CPS
Rosie Anderson-Harper, Division of CPS
Julie Carel, Division of CPS
Susan Pritchard-Green, MO PCDD
Carol Baer, Emmaus Homes
Molly Boeckmann, OA Budget & Planning

Tim Swinfard, MO CMHC
Matthew Fuller, MO CMHC
Paula Stanley, MO CMHC
Greg Kramer, MARF, St. Louis
Judy Alexander-Weber, Emmaus Homes
Marilyn Nolan, MOANCOR
Helen Minth, St. Louis Empowerment Ctr.
Robert Qualls, NAMI of MO
Wendy Sullivan, Life Skills
Kathy Meath, St. Louis ARC
Becky Blackwell, Judevine
Mary Lou Nash-Herrerra, Parent
James Kimbro, Phoenix Program
Julia Schaeffner, St. Louis ARC
Brenda Schell, MO Recovery Network
Brenda Frank, MO Recovery Network
Patrick Pennell, Sigma House
Michael Fry, Individual
Jamie Wienstroer, ARCA
Jim Wienstroer, Parent
Lois Maddux, LSRC
Margaret Dongas, AFSCME
Susan Schapfin, FCC
Melynda Surber, FCC
Kim Dude, University of MO-Columbia

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<p>CALL TO ORDER/ INTRODUCTIONS</p> <p>APPROVAL OF MINUTES</p> <p>OPEN DISCUSSION</p>	<ul style="list-style-type: none"> Beth Viviano, Chair, called the Missouri Mental Health Commission Meeting to order at 9:00 a.m. on April 9, 2009. The meeting was held at Department of Mental Health, Conference Room B, 1706 East Elm Street, Jefferson City, Missouri. Introductions were made. Kathy Carter made a motion to approve the Minutes of the March 12, 2009 Mental Health Commission Meeting. David Vlach seconded the motion and the Minutes were approved. Kathy Carter and Beth Viviano expressed that the Mental Health Champions Awards Banquet on April 1 was an inspiring and memorable evening and commended Debra Walker and all those involved with making it a success. Kathy Carter congratulated Keith Schafer on receiving the <i>Heroes for Health Lifetime Achievement Award</i> from Crider Health Foundation. Beth Viviano advised Commissioners of the need for a Nominating Committee and asked them to be prepared to appoint members to that committee at the May 14, 2009 meeting. Nominations of officers will then be made at the June 11, 2009 meeting. Officers will be elected and will begin serving at the July 9, 2009 meeting. Monica Hoy announced that there is now wireless internet in the building for public use.
<p>LEGISLATIVE/ PUBLIC AFFAIRS UPDATE</p>	<p>Bob Bax provided an update and noted some legislation:</p> <ul style="list-style-type: none"> SB 318/HB 866—protecting DMH clinical staff from meritless complaints by Sexual Violent Predators-to committees. SB 435/HB 826—proposal would clarify that persons recommended for treatment in the Sexual Violent Predator Treatment Program may be detained in a county jail while awaiting a court hearing to determine if they are to be committed to the program – referred to committees. HB 10—clarifies that minors can be used for tobacco retailer education purposes – third read and passed to Senate. HB 235/HB 953/SB 460—designating developmental disability providers; allows DD the ability to designate an entity for Case Management services in specified areas where there is no Senate Bill 40 Board that can provide the service. Perfected 4/1, voted do pass—consent. SB 511—DD and Community Based Waiver Provider Tax – Hearing conducted 4/1; testified in favor. SB 307—FRA for ground ambulance services – third read and passed. HB 740/SB 378—Provider Tax Clean-up – Perfected 4/1, third read 4/2. SB 540/HB 918—Mid Missouri Mental Health Center conveyance to University of Missouri – referred to committee. <p>Debra Walker gave an update on the Mental Health Champions Awards Banquet held on April 1, 2009. She thanked all</p>

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	those who helped. A DVD of the event is being produced and will be sent to Commissioners as soon as possible.
DIVISION OF ALCOHOL AND DRUG ABUSE STRATEGIC PLAN	<p>Mark Stringer, Director of the Division of Alcohol and Drug Abuse, presented an overview of the division's Strategic Plan regarding their budget, priorities, strengths, challenges, and initiatives. He introduced Angie Stuckenschneider, Director of Prevention Services for ADA, who presented information:</p> <ul style="list-style-type: none"> • Data: <ul style="list-style-type: none"> ▶ Average age of first use of alcohol is 12.39 ▶ Binge drinking by youth in the past 30 days is 12.0% ▶ Abuse of over-the-counter cough and cold remedies by eighth graders in the past year is 1 in 25 ▶ Drunk driving accidents in 2007 was 8,688 ▶ Youth admissions to drug court in 2007 were 229 • Prevention Resource Network will continue to be supported by three main programs: <ul style="list-style-type: none"> ▶ Regional Support Centers/Coalitions—the largest program with 11 Regional Support Centers throughout the state. Plans are to rebid all Regional Support Centers in the next few months. The goal is to continue to build the approximately 150 Coalitions in Missouri to implement programs and sustain outcomes. Angie played a radio ad that was produced and used by one of the Coalitions to deter underage drinking. ▶ Prevention Services for High Risk Youth—mostly in the form of after school programs. Children are referred to these programs by their teachers due to their high risk factors. ▶ School-based Prevention Intervention and Resources Initiative (SPIRIT)—will continue to provide school-based prevention at the five currently funded sites—Carthage, New Madrid, Ritenour, Knox, and Hickman Mills. ▶ ADA is applying for a <i>Partnerships for Success</i> grant that will be awarded to three states—\$2.3 million per year for five years. <p>Angie introduced Kim Dude with Partners in Prevention (PIP). PIP is a consortium of coalitions at 13 state college and university campuses in Missouri. Kim shared information on Partners in Prevention:</p> <ul style="list-style-type: none"> • PIP partners include the Missouri Division of Alcohol and Drug Abuse, Missouri Division of Alcohol and Tobacco Control, and MODOT's Division of Highway Safety. • Their mission is to create a campus, city, and state environment that supports responsible decision making in regards to alcohol use by Missouri college students. • Some PIP successes: <ul style="list-style-type: none"> ▶ 2008 National Exemplary Award for Innovative Substance Abuse Prevention Programs ▶ One-third reduction in binge drinking among PIP students between 2002 and 2007 ▶ The Meeting of the Minds annual conference brings national experts in prevention, law enforcement and judicial affairs to Missouri since 2000: http://mom.missouri.edu. ▶ PIP website: http://PIP.missouri.edu

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	<p>▶ Kim gave examples of successes at college campuses as a result of efforts by PIP member coalitions and provided samples of literature and brochures that Partners in Prevention distributes.</p> <p>Angie Stuckenschneider provided information on the ADA Prevention Workforce.</p> <ul style="list-style-type: none"> • There are now over 150 individuals who hold a prevention credential in Missouri. • Beginning July 1, 2009, the division will have an agreement with the Division of Alcohol and Tobacco Control in which they will provide 2,000 additional tobacco enforcement visits. • They hope to collaborate with the Department of Health and Senior Services on use of the Coalition Infrastructure to help with tobacco cessation in the communities. • They are holding discussions with the Office of Transformation to address alcohol and mental health issues. <p>Mark introduced Dottie Mullikin, Office of Transformation, who shared her family background with regard to her children, and experiences with addiction and Fetal Alcohol Spectrum Disorder.</p> <ul style="list-style-type: none"> • She and her husband saw an article on siblings that the state of Massachusetts was trying to place in a home together. They subsequently adopted all five children. • Each child experienced difficulties and challenges resulting from their early background. Dottie noted how much Special Education has helped them. • Dottie shared they have hope now that the children's lives will keep improving. She reminded everyone that prevention is key in keeping others from going through these experiences with alcohol and drug abuse and Fetal Alcohol Spectrum Disorders. <p>Mark introduced Kathy Meath with the St. Louis Arc. Kathy gave background on Arc and their prevention efforts. She introduced Julia Schaeffner with St. Louis Arc who presented information on the effects of Fetal Alcohol Spectrum Disorders and Arc's activities in educating people on prevention and intervention.</p> <ul style="list-style-type: none"> • Julia demonstrated some of their prevention presentations used for youth public awareness events. • They have reached over 12,000 youth with their prevention project. • Their vision is to begin a media campaign, with the use of billboards as a tool with the slogan, "NineZero" representing nine months, zero alcohol. • They are working to establish partnerships with the Department of Health and Senior Services and with the Department of Elementary and Secondary Education in prevention efforts.
BUDGET UPDATE	<p>Jan Heckemeyer provided an update on the FY 2010 Budget and the Senate Appropriations Committee Cycle:</p> <ul style="list-style-type: none"> • This week the Senate Appropriations Committee voted out the budget bills. They will go to the Senate floor next week and will be in conference committees the following week.

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	<ul style="list-style-type: none"> • FY 2009 Medicaid Caseload Growth Cost to Continue in FY 2010 <ul style="list-style-type: none"> ▶ Funded ADA & CPS at the Governor's Recommendation ▶ Funded additional \$750,461 GR over the House to fully fund Governor's Recommendation for DD ▶ Conference Issues: <ul style="list-style-type: none"> ▪ ADA GR is between \$633,143 (House/Dept Req) and \$350,210 (Senate/Gov) ▪ CPS Adult GR is between \$2,883,585 (House/Dept Req) and \$1,825,599 (Senate/Gov) ▪ CPS Youth GR is between \$766,522 (House/Dept Req) and \$485,286 (Senate/Gov) ▪ DD GR is between \$5,000,000 (House) and \$5,750,461 (Senate) • FY 2010 Medicaid Caseload Growth <ul style="list-style-type: none"> ▶ Funded Governor's Recommendations for all divisions (4.29% increase) <ul style="list-style-type: none"> ▪ ADA: \$1,462,986 in CSTAR services (\$524,042 GR; \$938,944 FED) ▪ CPS Adult: \$5,470,720 in community services (\$1,959,612 GR; \$3,511,108 FED) ▪ CPS Youth: \$1,454,240 in community services (\$520,909 GR; \$933,331 FED) ▪ DD: \$16,236,762 in community services (\$5,816,008 GR; \$10,420,754 FED) ▶ Conference Issues: between \$0 (House) and Governor's Recommendation (Senate) • DD Access <ul style="list-style-type: none"> ▶ Funded \$6,141,820 for children aging out of school services ▶ Conference Issue: between \$0 House and Senate position • Core Reductions & OHCDS <ul style="list-style-type: none"> ▶ Restored core reductions and OHCDS replacement with one-time Budget Stabilization funds <ul style="list-style-type: none"> ▪ ADA: \$1,000,000 core restoration and \$1,164,046 OHCDS replacement ▪ CPS: \$500,000 core restoration and \$1,515,500 OHCDS replacement ▶ Restored DD \$1,000,000 core reduction with ongoing GR ▶ Budget Stabilization funds are considered one-time—DMH needs to find replacement funding in FY 2011 budget. ▶ Conference Issues: between core cut (House) and Governor's Rec core (Senate) • MSOTC <ul style="list-style-type: none"> ▶ Funded \$5,000,000 core and new decision items with one-time Budget Stabilization funds ▶ Conference Issues: Governor's Rec GR (House) and Budget Stabilization (Senate) • MO HealthNet Partnership Technology Initiatives <ul style="list-style-type: none"> ▶ Replaced \$1,250,000 GR with Budget Stabilization funds ▶ Conference Issue: Governor's Recommendation GR (House) and Budget Stabilization (Senate) • Marshall & DDTC Transition to State-Operated Waiver <ul style="list-style-type: none"> ▶ Same as House position on transitioning Marshall and DDTC, but funded six months worth of Budget Stabilization (\$2,904,424 including fringe) and federal earnings to delay implementation until January 1, 2010.

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	<ul style="list-style-type: none"> ▶ Conference Issues: between implementation on July 1, 2009 (House) and January 1, 2010 (Senate) • Miscellaneous Senate Funded Items <ul style="list-style-type: none"> ▶ Funded \$50,000 DMH Local Tax Match Fund for Lincoln County ▶ Funded \$30,000 GR for the Boone County Prosecutor's Office to match legislation ▶ Funded \$360,000 MHEF to purchase services with WMMHC lease revenue ▶ Funded \$748,614 MHIPF to allow DMH to retain MMMHC employees close to retirement and contract back to the University due to MMMHC closure • Items that will not go to conference recommended by House and Senate <ul style="list-style-type: none"> ▶ Increased Food Costs - \$398,590 GR* ▶ Increased Medical Care Costs - \$659,874 GR* ▶ Increased Medication Costs - \$2,901,970 GR* ▶ Medicare Part B Premiums - \$35,511 GR ▶ NEMT Increase - \$95,000 (\$34,029 GR; \$60,971 FED)
PUBLIC COMMENT	<ul style="list-style-type: none"> • Mary Lou Nash-Herrerra presented comments regarding Western Missouri Mental Health Center and regarding her son's diagnosis and placement. She provided written copies of her comments. • Rosie Anderson-Harper presented comments regarding the Mental Health Awareness Day activities scheduled for April 21, 2009.
CLOSED EXECUTIVE SESSION	<p>David Vlach made a motion that the Mental Health Commission go into Closed Executive Session in accordance with Section 610.021 (2), RSMo, Lease, Purchase or Sale of Real Estate. Dennis Tesreau seconded and a roll call was taken. The motion unanimously passed.</p>
DIVISION OF ALCOHOL AND DRUG ABUSE STRATEGIC PLAN	<ul style="list-style-type: none"> • Mark Stringer asked that a portion of the ADA Strategic Plan presentation be placed on the agenda at a future Commission meeting in order to allow guests and staff to complete their presentations today. That will be done. • Mark recognized Brenda Schell, Director of the Missouri Recovery Network, and noted strides made in helping people in recovery speak out about their experiences in recovery. • Mark introduced Jamie and his Dad, James, who shared Jamie's experiences with alcohol abuse and his success with medication assisted treatment. <ul style="list-style-type: none"> ▶ Jamie shared that his problems began after college, and after he began earning a good income. ▶ He was in and out of Alcoholics Anonymous, but was not ready to work to stop drinking. ▶ While in a blacked out state, he fell 20 feet and sustained injuries resulting in his hospitalization for five weeks. He was later referred to Assisted Recovery Centers of America (ARCA) where he began successful treatment with the drug Vivitrol. ▶ He now goes to Alcoholics Anonymous regularly. He credits the medication for the changes in his life. ▶ Jamie shared that he knows the serious consequences if he ever drinks again.

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	<ul style="list-style-type: none"> ▶ Jamie's Dad, James, noted how well Jamie has done, but knows he has a long way to go. He encouraged everyone to endorse the use of and funding for Vivitrol and other forms of medication assisted treatment. ▶ Mark shared that these medications are non-psychotropic meds, therefore can be started and stopped at any time. ADA providers have been asked to offer this medication as part of their array of services. • Mark introduced Patrick Pennell and Lois Maddux of the Sigma House in Springfield who shared information on their Recovery Support Treatment program. Patrick gave an overview of Sigma House and his background in the use of Naltrexone in treatment. <ul style="list-style-type: none"> ▶ They have a 26-bed residential center, ten of which are for Detox. They see the effects of addiction each day. ▶ Patrick shared his experience with finding a physician and pharmacy in order for his agency to utilize medication assisted treatment.. ▶ They currently have thirteen people using Naltrexone or Vivitrol, twelve with whom they are still in contact. • Lois Maddux works with the Sigma House in Branson and shared their background with the use of Naltrexone and other medications. <ul style="list-style-type: none"> ▶ They have experienced a barrier due to the cost of the medication and doctors who are not familiar with medication assisted treatment. • Mark introduced Melynda who is a recovering addict. She shared her story of addiction, treatment, and recovery. <ul style="list-style-type: none"> ▶ Twenty years of her life was spent in full addiction with marijuana, methamphetamine, and alcohol. ▶ She was arrested in 2002 for possession of methamphetamine. After months in the court system, she was enrolled in the Drug Court Program. ▶ Her relapses resulted in 30 days in the McCambridge Center where she eventually admitted she had an addiction problem. After relapsing again, she was sent to the Department of Corrections for 120 days treatment, losing her job of 20 years, her home, and her freedom. She set a goal that after recovery, she would go back to McCambridge to work there. After leaving DOC she went back to McCambridge for a year of outpatient services. Her life then changed when she became pregnant and gave birth to a son who is joy of her life. With the help of McCambridge staff, she enrolled in Columbia College. She now has six and a half years of sobriety and has a degree in Business Administration. She recently received a degree in Human Services and began working at McCambridge Center where she is enrolled in the Counselor in Training Program.
CIMOR UPDATE	<p>Virginia Rowe-Pearson gave an overview of the Customer Information Management, Outcomes, and Reporting System (CIMOR). ITSD's goal is to provide services to the divisions and offices in DMH and our provider community, to provide needed data to improve outcomes. Virginia introduced Rhonda Haake, Deputy IT Director and Liaison for DMH, who has been lead project manager on CIMOR, and Michael Marcus, ITSD Database Manager for DMH, who is</p>

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	<p>responsible for Data Warehouse and its maintenance. Both have worked with the CIMOR project since its beginning.</p> <ul style="list-style-type: none"> • Rhonda shared the history and the need for CIMOR <ul style="list-style-type: none"> ▸ HIPPA resulted in requirements that the legacy systems could not meet ▸ More efficient options available for delivery of systems (web-based) ▸ Complications between systems interfaces created inability to produce repeatable, accurate, useful reports ▸ iServ contract signed for purchased system in October 2001—iServ contract cancelled in February 2003 ▸ Rose International contract initiated for developed system in February 2003 ▸ Began development with IT-DMH staff and Rose International to create CIMOR as DMH system March 2004 ▸ CIMOR Release for CO, facilities, administrative and consumer, consumer banking in 2005 and 2006 ▸ CIMOR Revised Plans February 2007, August 2008 • Current CIMOR Implementation Plan: <ul style="list-style-type: none"> ▸ March 2009 – began rollout of CIMOR to DD providers ▸ FY10 – complete CIMOR rollout to DD providers and retire MRDD/IS ▸ FY10 – begin rollout of CIMOR CPS providers ▸ FY11 – complete CPS provider rollout and retire final legacy billing systems • Michael Marcus explained the CIMOR Billing Plan <ul style="list-style-type: none"> ▸ Currently bill all ADA services plus targeted case management for CPS and DD facilities through CIMOR ▸ FY09 Goal—all state paid and third party billing through CIMOR (waterfall) ▸ 70% of all billing in CIMOR at completion of DD rollout ▸ 100% of all billing in CIMOR at completion of CPS rollout ▸ Anticipate processing 7 million + claims per year ▸ Future proof and Billing System designed for reporting • Summary—CIMOR is a state of the art system that serves as the foundation for all DMH consumer-related data. CIMOR will be constantly evolving to address the needs of DMH.
FUTURE MEETINGS	The next Mental Health Commission Meeting is scheduled for May 14, 2009 at Department of Mental Health in Jefferson City.
ADJOURN	<p>David Vlach made a motion that the meeting adjourn. Dennis Tesreau seconded the motion. The Mental Health Commission adjourned at 3:00 p.m.</p> <p style="text-align: center;">Approved 5/14/09</p> <hr/> <p>Beth Viviano, Chair</p>